

to feel guilty that I am not adhering to the traditional Balint structure and feel that, for myself and possibly other CAT therapists and psychotherapists, this format sits more comfortably with the way we practise as therapists and may offer benefits in terms of containment and the speed with which development may occur for the participants. I would be interested to hear from others who have or who are thinking of running CAT Reflective Practice Groups.

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Wounded Healer

Theresa Turner

I'll carry this gaping wound for you
 I'll nourish the flesh
 And start the healing
 I'll bare the pain and keep it safe
 So you can go on feeling

I'll embrace this weeping wound for you
 I'll make it mine
 And hold it tight
 I'll stem the flow of blood and tears
 So you can bear the fight

I'll love this closing wound for you
 Admire its courage
 Nurse its soul
 Then offer it back when you are strong
 A gift to make you whole